



Come Sit Down With Us...

Gluten Free Menu

Appetizers

Proscuitto Rolls (\$8.50): Four rolls of Imported Parma Proscuitto with Tomato, Basil, Provolone and Italian Herbs

(served warm or cold)

Shrimp and Rice (12.50): Pan Seared Shrimp on a bed of Basmati rice & Arugula (UPGRADE)

Edamame (\$5.99): Kosher salted Soy Beans served warm

Bruschetta

Served on Gluten Free Bread
(UPGRADE)

Traditional (\$9.75): Tomato, Onion and Italian Seasoning

Tuna (\$10.99): Tuna, Avocado & Basil

Soups & Stews

Chicken Rice Soup (\$6.99): The Traditional American feel-good soup with a Hearty Italian Flavor w/ Celery, Carrots, Tomato, Onions & Lima Beans.

Jambalaya Stew (\$9.99): New Orleans Style Spicy Stew with Chicken, Shrimp, Okra, and Turkey Andouille Sausage

Salads

Blue Apple (\$11.29): Arugula, Chopped Green Apples, Dried Cranberries, topped w/ Gorgonzola and Blue Cheese Dressing.

Caprese (\$11.29): Fresh Mozzarella, Sliced Tomato, Sliced Red Onion, Fresh Basil Leaves and Kalamata Olives on a bed of Mixed Greens w/ Balsamic & Olive Oil

Old World (\$11.29): Broccoli, Shredded Carrots, Diced Tomatoes, Sliced Green Peppers, Kalamata Olives, Diced Red Onion, topped w/ Feta Cheese w/ Italian Dressing

Parmesan Peppercorn (\$11.29): Mixed Greens, topped with Parmesan Cheese, Diced Tomato, w/ Creamy Parmesan Peppercorn Dressing

House Salad (\$9.99): Mixed Greens, Sliced Tomato, Sliced Onions, topped w/ Glazed Pecans & Italian Dressing

Pizza Vero \$15.49

10" round pizza.

All pizzas start with our special crust, light tomato sauce, mozzarella and parmesan cheeses. Available Toppings Below, each addition \$1.00 (UPGRADE)

- | | |
|---------------------|-----------------|
| ⊖ Fresh Mozzarella | ⊖ Sliced Tomato |
| ⊖ Fresh Basil | ⊖ Red Onion |
| ⊖ Red Pepper | ⊖ Orange Pepper |
| ⊖ Mushrooms | ⊖ Feta Cheese |
| ⊖ Gorgonzola Cheese | ⊖ Black Olives |
| ⊖ Proscuitto | ⊖ Pepperoni |

Sandwiches

Served on Gluten Free Bread

Chicken Pesto (\$13.99): Oven roasted Chicken, Pesto, Provolone, Sliced Red Peppers & Artichoke hearts (UPGRADE)

Mediterranean Caprese (\$13.99): Fresh Mozzarella, Imported Feta, Sliced Tomato, Fresh Basil, Olive Oil & Balsamic Vinegar (UPGRADE)

Vegetable (\$13.99): Oven Roasted Eggplant, Red, Green, Yellow Bell Peppers, Arugula, Tomato, Onion, Dill Havarti Cream Cheese, and Balsamic Vinaigrette (UPGRADE)

Chicken Club (\$13.99): Lemon and Pepper Chicken, Bacon, Diced Colby Jack Cheese Mayo & Tomato (UPGRADE)

Steak (\$13.99): Chopped New York Strip, Fresh Bell Peppers, Sliced Mushrooms, Tomato, Onions & Havarti Cream Cheese (UPGRADE)

*All sandwiches include your choice of one of the below listed sides
Chopped Fruit Kettle Chips Berries*

Fresh Fruit Smoothies \$8.25

Pined Berry Banana Blast: Pineapple Juice, Banana, Strawberry, Blueberry

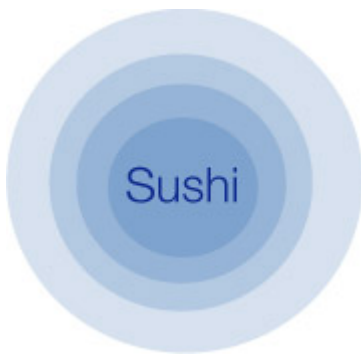
Very Berry Blast: Orange Juice, Blueberry, Raspberry, Strawberry

Kool Kiwi Konkoktion: Orange Juice, Mango, Kiwi, Banana
Bermuda Breeze: Banana, Blueberry, Honey, Soy Milk

SOUPS * SALADS * SANDWICHES * SUSHI

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Ask about our Catering Options * We Deliver



Maki / Rolls

Negihama : yellow tail, scallion	\$8.79
Philly : smoked salmon, cream cheese, cucumber	\$8.99
Sake maki : salmon	\$7.25
Tekka maki : tuna	\$8.75

Vegetarian Maki

Avocado : avocado	\$5.49
Kappa : cucumber	\$5.49

Nigiri / 2pcs per order **Sashimi / 3pcs per order add \$1.50**

Albacore tuna / white tuna	\$7.50
Ama ebi / sweet raw shrimp	\$8.50
Ebi / boiled shrimp	\$5.99
Escolar / super white tuna	\$7.50
Hamachi / yellow tail	\$8.25
Hotate gai / Scallop	\$7.50
Ika / squid	\$6.50
Maguro / Tuna	\$7.99
Sake / Fresh salmon	\$6.50
Smoked salmon	\$7.50

*All parties of 6 or more will be charged an 18% gratuity
Up charge for additional ingredients*

Combination Platters

(served with bowl of miso)

Sashimi (15pc)

\$28.00

Tuna (3 pc), Salmon (3 pc), Yellowtail (3 pc), Albacore Tuna (3 pc), Super White Tuna (3 pc)
served with a bowl of rice

House Maki

Chicago Fire : tuna, fresh salmon, super white tuna, avocado, jalapeno, cilantro \$11.99

Rainbow : avocado, cucumber topped with tuna, salmon, yellow tail, fluke
w/ removing krab stick (modification) \$15.50

Ask your server for other rolls that can be modified to gluten free



Ask your Server about our Gluten Free Desserts