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 thesitdowncafe.com
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Catering Available

Delivery Available



Gluten Free Available

Up charge for additional ingredients

18% Gratuity for Groups of 5 or More People

soups & stews

Chicken Rice Soup Traditional American feel good soup w/ a Hearty Italian Flavor w/ Celery, Carrots, Tomato, Onions **6.99**

Jambalaya New Orleans Style Spicy Stew w/ Chicken, Shrimp, Okra, & Turkey andouille Sausage **9.99**

Miso Soup Fish Broth, Soy Bean Paste served w/ Diced Tofu, Scallions & Wakame Seaweed **4.49**

Specials

Spinach Ravioli (\$19.00): spinach stuffed ravioli topped w/ artichoke leaves, arugula, parmesan cheese in a tomato sauce.

Tuna Poke (19.00): tuna, salmon, soy marinated seaweed, chili oil, jalapeno salsa, avocado, cucumber, scallions

Oysters on a Half Shell (Raw): Half Dozen (\$23) Dozen (\$46)

Loyalty Program



Buy a Gift Card



Salads

Blue Apple Organic Arugula, Chopped Green Apples, Dried Cranberries, topped w/ Gorgonzola & Blue Cheese Dressing 11.29

Caprese Salad Fresh Mozzarella, Sliced Tomato, Sliced Red Onion, Fresh Basil Leaves & Kalamata Olives on a bed of Organic Mixed Greens w/ Balsamic & Olive Oil 11.29

Old World Salad Broccoli, Shredded Carrots, Diced Tomatoes, Sliced Bell Peppers, Kalamata Olives, Diced Red Onion, topped w/ Feta Cheese w/ Italian Dressing 11.29

Parmesan Peppercorn Organic Mixed Greens, topped w/ Parmesan Cheese, Shredded Carrots & Diced Tomato, w/ Creamy Parmesan Peppercorn Dressing 11.29

House Salad Mixed Greens, Sliced Tomato, Sliced Onions, topped w/ Glazed Pecans & Italian Dressing 9.99

Asian Mixed Green Salad Organic Mixed Greens, Cucumber & Shredded Carrots w/ Asian ginger dressing 9.99
 w/ Zuke Salmon Sashimi 14.99

Seaweed Salad Marinated Seaweed on a bed of Cucumber w/ Citrus Ponzu **6.95**

sandwiches

Chicken Pesto Oven roasted Chicken, Pesto, Provolone, Sliced Red Peppers & Artichoke hearts on a Soft Crust Ciabatta Bread 12.99

Mediterranean Caprese Fresh Mozzarella, Imported Feta, Sliced Tomato, Fresh Basil, Olive Oil & Balsamic Vinegar on Italian Bread 12.99

Vegetable Oven Roasted Eggplant, Fresh Bell Peppers, Organic Arugula, Tomato, Onion, Dill Havarti Cheese, & Balsamic Vinaigrette on Italian Bread 12.99

Chicken Club Lemon & Pepper Chicken, Bacon, Diced Colby Jack Cheese, Mayo & Tomato in a Grilled Pita 12.99

***Steak** Chopped New York Strip, Fresh Bell Peppers, Sliced Mushrooms, Tomato, Onions & Havarti Cheese in a Grilled Pita 12.99

*All sandwiches include **Kettle Chips** or upgrade to **Chopped Fruit** or **Berries***

refreshments

Pepsi Diet Pepsi Sierra Mist 2.99
 Aranciata 3.99 Limonata 3.99
 San Pellegrino 3.99

PINEORGRANATE 7.49
 pineapple, orange, pomegranate juice

RED VELVET 7.49
 mango juice & cherry juice

Pizza

12" round thin Italian-style Pizza. All pizzas start w/ our special crust, light tomato sauce, mozzarella & parmesan cheeses. 11.50

Available Toppings Below, each additional \$1.50

Fresh Mozzarella	Sliced Tomato
Fresh Basil	Red Onion
Red Pepper	Orange Pepper
Mushrooms	Feta Cheese
Gorgonzola Cheese	Black Olives
Prosciutto	Pepperoni

appetizers

Prosciutto Rolls Four rolls of Imported Parma Prosciutto w/ Tomato, Basil, Provolone & Italian Herbs (served warm or cold) **8.50**

Shrimp & Rice Pan Seared Shrimp on a bed of Basmati rice & Organic Arugula **11.50**

Edamame Salted Soy Beans served warm 5.99

***Shrimp Tempura** Four Tempura Fried Shrimp w/ spicy mayo or jalapeno sauce 8.99

***Tuna Tataki** Japanese seven spices encrusted Seared Tuna Slices served over Citrus-Soy/Ponzu Sauce 15.50

Traditional Bruschetta Tomato, Onion & Italian Seasoning **8.75**

Tuna Bruschetta Tuna, Avocado & Basil **9.99**

***Nigiri / 2pcs per order**
***Sashimi / 3pcs per order add 1.50**

***maki rolls**

***house maki rolls**

- Albacore tuna** white tuna 7.50
- Ama ebi** sweet raw shrimp 8.50
- Ebi** boiled shrimp 5.99
- Escolar** super white tuna 7.50
- Hamachi** yellow tail 8.25
- Hotate gai** scallop 7.50
- Ika** squid 6.50
- Ikura** salmon roe 7.50
- Inari** fried tofu 4.99
- Kani** king crab regular 12.99
- Kani** king crab spicy 13.99
- Maguro Tuna** 7.99
- Masago** smelt roe 6.99
- Quail egg** udama 3.50
- Sake** fresh salmon 6.50
- Smoked salmon** 7.50
- Shime saba** marinated mackerel 7.50
- Tamago** sweet egg omelet 4.99
- Tobiko** flying fish roe 7.50
- Unagi** fresh water eel 7.50
- Zuke salmon** soy marinated 7.50

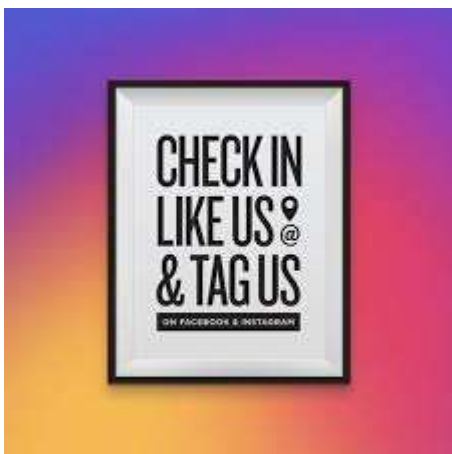
- Alaskan** salmon, crab, avocado 8.99
- California** crab, avocado, cucumber 6.99
- Crunchy crab** spicy crab mix topped w/ tempura crunch, sweet soy sauce 8.99
- Ebi Tempura** tempura shrimp, spicy mayo, cucumber 9.99
- Negihama** yellow tail, scallion 8.79
- Philly** smoked salmon, cream cheese, cucumber 8.99
- Sake maki** salmon 7.25
- Salmon skin** baked salmon skin, cucumber, sprout, yamagobo, sweet soy sauce 8.99
- Spicy crab** crab mix w/ spicy mayo 8.75
- Spicy shrimp** shrimp mix w/ spicy sauce, scallions 9.50
- Spicy tuna** tuna w/ spicy sauce 9.50
- Spider** deep fried soft shell crab, cucumber & sweet soy sauce 13.99
- Tekka maki** tuna 8.75
- Unagi** fresh water eel, cucumber & sweet soy sauce 9.50

- Caterpillar** cucumber, fresh water eel topped w/ avocado, sweet soy sauce **15.50**
- Chicago Fire** tuna, fresh salmon, super white tuna, avocado, jalapeno, cilantro 11.99
- Little Red Riding Hood** spicy tuna & cucumber topped w/ fresh salmon, sweet soy & tobiko 15.50
- Dragon** tempura shrimp, cucumber, cream cheese topped w/ eel, avocado, sweet soy sauce 15.50
- Drunken Tiger** crab, avocado, cucumber roll topped w/ shrimp & mango tobiko sauce 12.25
- Fire Crab** spicy crab, cucumber topped w/ fresh salmon & spicy su-miso sauce **15.50**
- Hyde Park** salmon, asparagus, green onions, cream cheese, tempura fried topped w/ sweet soy sauce 12.00
- Kamikaze** white tuna, spicy mayo, cucumber topped w/ seared tuna, avocado & jalapeno salsa 15.50
- Rainbow** crab, avocado, cucumber topped w/ tuna, salmon, yellow tail 15.50
- Smoky Bear** fresh water eel, cream cheese, crab topped w/ smoked salmon, creamy jalapeno sauce & sweet soy sauce 15.50
- Big Bang** super white tuna, salmon, maguro tuna, yellow tail tuna, cucumber, sesame seed & tempura crunch w/ spicy sauce 15.50
- Super Crunchy** tempura shrimp, cream cheese, avocado, asparagus, tempura crunch, sweet soy sauce, creamy jalapeno sauce **15.50**
- Volcano** avocado, cream cheese & crab topped w/ spicy crab mix, then baked **15.50**
- 53rd** smoked salmon, spicy shrimp, avocado, radish sprout wrapped w/ soy paper 11.99
- Feisty Flamingo** tempura shrimp, avocado, topped w/ spicy crab mix, sweet & spicy sauce **15.50**

vegetarian maki

- Avocado** avocado 5.49
- Futo** Oshinko, Inari, asparagus, cucumber, sweet soy marinated squash 7.49
- Kappa** cucumber 5.49
- Oshinko** pickled yellow radish 5.49
- Veggie** avocado, cucumber, radish sprout, asparagus, yamagobo 7.49

*These Items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



lunch specials (11am-4pm)

***combo platters (served w/ miso)**

beverages

Served w/ Your Choice Miso Soup or Side Asian Salad

- *Nigiri** Maguro Tuna, White Tuna, Salmon, Yellowtail & Shrimp (1 pc each) **15.00**
- *Sashimi** Maguro Tuna, Salmon, Yellowtail & Bowl of Rice (3 pc each) **18.00**
- *Nigiri / Sashimi** Nigiri - Maguro Tuna (1 pc), Shrimp (1 pc), Yellowtail (1pc), White Tuna (1pc) Sashimi - Salmon (2pc), Albacore Tuna (2pc) **18.00**
- *Maki / Nigiri** California Maki w/ Nigiri - Maguro Tuna (1pc), Shrimp (1pc), White Tuna (1pc) **15.00**
- *Maki** California Maki w/ choice of Tekka or Negihama Maki **15.00**

Sandwiches / Soups / Salads

- Sandwich & Salad**
- CHOICE OF** Sandwich/Side/Half Salad **13.99**
- Sandwich & Soup**
- CHOICE OF** Sandwich / Side / Half Soup **13.99**
- Soup & Salad**
- CHOICE OF** Soup & Half Salad **10.99**
- \$1.00 extra for Jambalaya

No substitutions on specials please.

- Nigiri (15pc)** Tuna, Salmon, Yellowtail, Shrimp, Mackerel, Super White Tuna, Marinated Salmon, Albacore Tuna, & Choice of Tuna or Salmon Roll 30.95
- Sashimi (15pc)** Tuna, Salmon, Yellowtail, Albacore Tuna, Super White Tuna served with a bowl of rice 30.95
- Chirashi (12pc)** Assorted Sashimi Over Sushi Rice: Tuna, Yellowtail, Salmon, Albacore Tuna, Tamago, Shrimp, White Tuna, Super White Tuna 24.95
- Unagi Don** 9 pieces of fresh water eel over sushi rice **23.95**
- Sashimi / Nigiri (16pc)** Sashimi: Tuna, Salmon, Albacore Tuna
- Nigiri:** Escolar, Zuke Salmon, Shrimp, Mackerel, Yellowtail Choice of Tuna or Salmon Roll 30.95
- Maki** California, Alaskan & Spicy Tuna **20.95**

No substitutions on specials or combination platters, please.

- Regular Jo** 3.75 **Sleepy Jo** 3.75
- Cappuccino** 4.99 **Café Latte** 4.99
- Espresso** 3.50
- Quick-turn Special (Regular Jo / Espresso Shot)** 5.50
- Tea** 3.50
- Italian Jo** 4.50

fresh fruit smoothies

- PINED BERRY BANANA BLAST** 8.25
- pineapple juice, banana, strawberry, blueberry
- VERY BERRY BLAST** 8.25
- blueberry, raspberry, strawberry, orange juice
- KOOL KIWI KONKOKTION** 8.25
- orange juice, mango, kiwi, banana
- BERMUDA BREEZE** 8.25
- banana, blueberry, honey, soy milk